



Bringing you



Broadview Inc.

ASSISTED LIVING COMMUNITY

A Community of Friends

FALL/WINTER 2009

Update on Broadview Changes

Winter is coming – a bit too fast for our collective liking, I am sure. The mid-October snowfall reminded us in very real terms that we live with the seasons in this region, and we really have no choice but to love the diversity to life that they bring.

As this season got underway at Broadview the local children came knocking on residents' doors for treats on Halloween night. It was a safe and fun event for all.

Next comes Thanksgiving with all the culinary delights. Right after that, on December 5th, the traditional lighting ceremony takes place. This is when the world of Broadview becomes a winter wonderland. Again, we will have activities all day long, including a Craft Fair in the

*Join Us for our
Holiday Lighting Ceremony*

December 5th

- Morning Craft Fair
- Mystery Play at the noon meal
- Evening Lighting Ceremony followed by a dessert buffet and entertainment



morning to early afternoon, a Mystery Play at the noon meal, and – ending the day after the lighting ceremony – a dessert buffet and entertainment for all. Please join us for the fun and festivities as we start the holiday season in earnest. This is also the day that the beautiful log cabin

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RESIDENT PROFILE

Evelyn Groder

Walk thru the hallways of Broadview and you are likely to hear beautiful music being played by resident Evelyn Groder. A rich history led her to Broadview four years ago.

Born in Skowhegan, Maine, Evelyn began piano lessons at the age of six. "My father had me at the piano all the time. He loved to sing along with my aunt while I played." Add to that siblings and friends who played the clarinet and the cello and it becomes obvious that a love of music was instilled in Evelyn from a very young age. When the Connecticut resident first moved to Broadview, one of the first questions she asked was, "Can I bring my piano?" The answer was, "yes," and

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Evelyn relaxes at her piano

A MESSAGE

FROM THE GENERAL MANAGER

Nancy Oberreit

The new gazebo should be in place by the time you read this. The remainder of the front yard makeover, as reported in the Summer newsletter, will take place in the Spring of 2010. Bright Horizon, the Memory Wing, is receiving a needed facelift. By Thanksgiving it should be gleaming with new paint, carpeting and furniture. There are a number of other improvements taking place over the next few months, but the disruption to the residents will be minimal.

As you meander through the building you will see new staff. Tammy Haney, Activities Coordinator and Ian Ferguson, Facilities Director/Project Manager have joined Broadview. Both come with many years experience in their respective fields, and we are pleased to have them aboard.

We continue to seek a top-notch Director of Culinary Services after the departure of Dave Hale. First Cook Amanda Mitchell has stepped up to be

the Director during the search, and we could not be more appreciative of her efforts. During most of the last full year, Jim John of the Facilities Department has been that department's interim manager. Now that Ian is here, can you hear Jim's sigh of relief? There are not enough words of thanks to convey our gratitude to him.

Resident Care Director, Judy Rose, has overseen the Activities Department during the past year and continues to direct Tammy's efforts. Again, many thanks to Judy for the over-the-top effort.

Broadview is many things to many people. To me, it is a wonderful TEAM. It is a privilege everyday to work beside such dedicated and compassionate folks. When you receive this it will be close to Thanksgiving. So my thanks, and hopefully yours, will be for the terrific staff Broadview attracts and maintains. Excellence is the goal, and they strive each day to meet it.

ACTIVITIES

This fall has been a season of continuous learning for all at Broadview Assisted Living. From our trip to the Higgins Armory with adventure and history at every turn, to the foray through the Tower Hill Botanical Garden's lush greenhouses, our residents have enjoyed interesting and educational outings. Broadview keeps its residents vital by keeping imaginations alive and encouraging them to look forward to new experiences.

Back at home, our activities keep everyone busy with daily exercise to maintain strength and mobility, numerous musical performers to meet everyone's taste, and live Capuchin monkeys visiting on our Bright Horizons unit to encourage socialization and continue the life experiences that we all treasure.

Our relationship with the community continues to flourish; children visit from both our local grade schools and from the Winchendon School. The boarding students from the Winchendon School educate residents in the Chinese language and culture in return for our elders informing them about their collective histories and experiences.



Rita Sullivan enjoys the sights and scents of Tower Hill.

Join us on December 5th for our traditional lighting ceremony, and observe as Broadview is transformed into a holiday masterpiece. Trips to the Yankee Candle Museum and the Hebert Candy Mansion will keep the holidays smelling sweet, while our caroling and crafting community will remind us of Christmases of old.

Q & A: *with Supervisor of Resident Care Rheana Rodriguez*

For four years Rheana Rodriguez has provided personal care to Broadview residents during the day shift, Thursday through Monday. Two years ago, she became a resident care team leader and last year was named a supervisor. A certified nurse's assistant, Rheana lives in Gardner with her husband and two children, ages 13 and 18 months. Here are her reflections on working at Broadview residents:

Q: What does your job entail?

A: As a Supervisor, I assign the resident care teams for that day and make sure the shift runs smoothly. I deal with resident issues and report any I can't handle. I also provide personal care, especially on the weekends. My team and I make sure residents are washed, dressed, and have taken their medications. We keep an eye on them and report if they've changed in any way. We also help with activities, serve in the dining room, make beds, and so much more!

During the week, I write progress reports on residents and deal with the pharmacies to make sure the right medications are delivered.

Q: What qualities are important for a personal care provider?

I think integrity and common sense are the two biggest qualities. Taking pride in yourself and in your work is really important. When you put your best foot forward and try your best every day, everything else will fall into



Supervisor of Resident Care Rheana Rodriguez

place. Common sense goes a long way in any job, but especially in this one. You don't have someone telling you what to do every minute, so common sense helps you react the right way to situations.

Q: What drew you to working with elders?

I've taken care of people all my life. When I was 14 or 15, I took care of a relative, so my aunt could work. I earned my CNA certification in high school and started my human service degree at Mount Wachusett Community College. I've done a lot of home health care and enjoyed it. When I came to Broadview, Judy Rose

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MEET EVELYN GRODER *continued from page 1*

now she plays almost every afternoon to the delight of many residents, staff, and visitors.

Evelyn and her late husband, Linwood, high school sweethearts, were married for 69 years. They lived in Connecticut where Mr. Groder commuted daily into New York City as the vice president for Burlington Industries while Evelyn gave piano lessons to neighborhood children. When she found time, she joined her husband on the train into the big city. "I loved going into New York City. I would spend the day putting around and

shopping, then have lunch with Linwood. It is a beautiful city with so much to do."

Their two sons, David and Edward are a great source of pride. "I really do have two nice sons. I have a wonderful family. They have always been very good to me." Also a grandmother of two, she looks forward to visits from family, but keeps busy and content here at Broadview. "Broadview is a very homey place, very comfortable. I really like it. The care here is really good."

CHANGES COMING TO BROADVIEW

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dollhouse, crafted by resident Pete Chapman, will be raffled. Don't forget to stop by the Front Desk to take a chance on that astounding creation. It is the biggest and best house yet. Thank you, Pete!

Our monthly activity schedules and menus are now posted on our Broadview website for the convenience of the families. Please check them out and feel free to join us at anytime for a meal or activity.

In addition, watch for the new Broadview promotional video that will be streaming on the website. Thanks to all for making it such a delightful representation of life at Broadview.

For those who responded to our annual satisfaction survey, thank you. We are very grateful for all input. We use it as a true indicator for opportunities to improve our service to the precious residents who call Broadview home, as well as their families.

Due to economic times and a keen need to conserve costs, this newsletter will be the primary greeting for

the upcoming Holiday Season.



Please remember that staff are not able to accept gifts/gratuities. It is a strict rule that Broadview keeps in place at all times. Please respect it. The biggest thank you and compliment you can give us is the referral of a loved one, friend, or neighbor who may need assistance as life marches on. We are always ready to give a tour.

Q & A WITH RHEANA RODRIGUEZ

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(Director of Resident Care) inspired me to go back to school and work toward my LPN degree. She made me realize I have what it takes.

Q: How does the care you provide contribute to a resident's sense of well-being?

Our residents' quality of life is enhanced greatly by the work that our team provides. We have to make them feel comfortable so they will allow us to take care of them. The residents are not just clients; they're my family. I see them day in and day out. I'm here probably more than I am at home. When one of them goes to the hospital, I go see how they're doing. If I'm sick, they ask about me. Home isn't the place they left to move to Broadview, it's here.

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